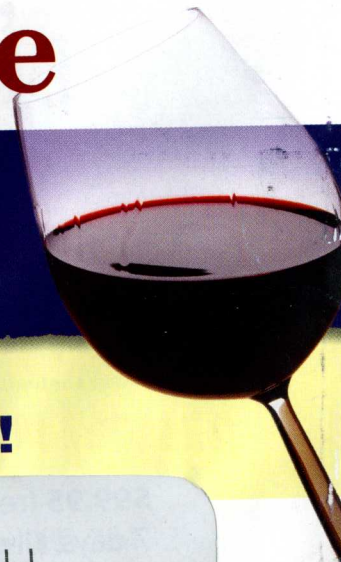


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# How the French Live Longer Than Everyone Else

*...even though they eat like kings and smoke like chimneys!*

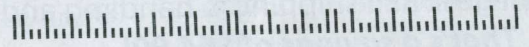


**Harvard Med, Johns Hopkins and UC Davis Medical Research Results All Say YES!**

**S**tudies from researchers at some of the country's most prestigious medical schools report that a **potent molecule discovered in red wine actually sweeps extra fats out of your digestive tract to avoid serious consequences of a high-fat, calorie-packed diet.**

*continued on the back...*

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Harvard ■ Maintaining healthy cholesterol levels

Renaissance Health  
925 S. Federal Highway, Suite 500  
Boca Raton, FL 33432

Scientists found that even if you're overweight, this fat-flushing red wine discovery protects your heart, arteries, and immunity—*without really dieting or losing a pound!*

### It literally fools your genes!

Amazingly, researchers at Harvard University Medical School found that the molecule of resveratrol mimics calorie restriction in laboratory studies. Scientists believe that red wine extract *fools the body into thinking it's being deprived of food...* and this actually switches on the genes that repair DNA and helps you avoid being punished by a higher-fat diet.

By moving these extra fats out, your body doesn't stand a chance at storing them on your hips... or having them cling to the insides of your arteries!

### The French have relied on it for years... and they live longer than anyone on earth!

Until now, scientists could never explain how, incredibly, people who live in the wine-growing regions of France **live longer** and experience **fewer cardiovascular problems** than anyone on earth!

Back in 1991, the acclaimed CBS show, **60 Minutes**, reported on the phenomenon known as "The French Paradox." This is the counterintuitive theory that a French diet of cheese, chocolate, pastries, rich sauces and red wine could be associated with **IMPROVED** cardiovascular health!

Despite being notorious for eating lavish, high-fat meals and smoking like chimneys, they found that the French have a mysterious secret weapon

when it comes to combating cholesterol, heart problems, high blood pressure, unhealthy triglycerides, and immune deficiencies: *They drink red wine!*

### Now here's the real medical breakthrough...

Scientists found a way to give you the same health benefits from red wine—**without drinking a drop!** No calories, no alcohol and no sugar, either!

Based on research from doctors at Harvard University, Johns Hopkins and UC Davis Medical Schools, *scientists have isolated the most potent...*

*(continued inside on page 3...)*

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French for Centuries—  
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See page 18 inside...**