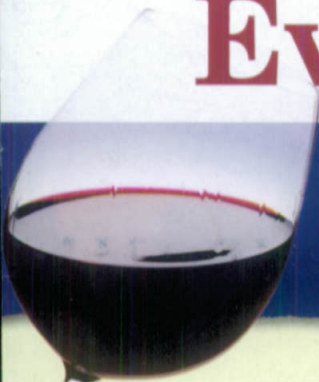


# How the French Live 42 Percent Longer Than Everyone Else



*...even though they eat like kings and smoke like chimneys!*

**Harvard Med, Johns Hopkins and UC Davis Medical Research Results All Say YES!**

**S**tudies from researchers at some of the country's most prestigious medical schools report that a **potent molecule discovered in red wine actually sweeps extra fats out of your digestive tract** to avoid serious consequences of a high-fat, calorie-packed diet.

Scientists found that even if you're overweight, this fat-flushing red wine discovery protects your heart, arteries, and immunity—*without really dieting or losing a pound!*

## **It literally fools your genes!**

Amazingly, researchers at Harvard University Medical School found that the molecule of resveratrol mimics calorie restriction in laboratory studies. Scientists believe that red wine extract *fools the body into thinking it's being deprived of food...* and this actually switches on the genes that repair DNA and helps you avoid being punished by a higher-fat diet.<sup>1</sup>

By moving these extra fats out, your body doesn't stand a chance

at storing them on your hips... or having them cling to the insides of your arteries!

## **The French have relied on it for years... and they live longer than anyone on earth!**

Until now, scientists could never explain how, incredibly, people who live in the wine-growing regions of France **live 42 percent longer** and experience **fewer cardiovascular problems** than anyone on earth!<sup>2</sup>

Back in 1991, the acclaimed CBS show, *60 Minutes*, reported on the phenomenon known as "The French Paradox." This is the counterintuitive theory that a French diet of cheese, chocolate, pastries, rich sauces and red wine could be associated with **IMPROVED** cardiovascular health!

Despite being notorious for eating lavish, high-fat meals and smoking like chimneys, they found that the

French have a mysterious secret weapon when it comes to combating cholesterol, heart problems, high blood pressure, unhealthy triglycerides, and immune deficiencies: *They drink red wine!*

## **Now here's the real medical breakthrough...**

Scientists found a way to give you the same health benefits from red wine—**without drinking a drop!** No calories, no alcohol and no sugar, either!

Based on research from doctors at Harvard University, Johns Hopkins and UC Davis Medical Schools, *scientists have isolated the most potent...*

*(continued inside on page 3...)*



**Guaranteed to Work For You—Like It's Done For the French for Decades—Or Your Money Back! See page 18 inside...**

<sup>1</sup>Ursini F, Sevanian A. "Wine Polyphenols and Optimal Nutrition." *Ann NY Acad Sci* 2002 May; 957:200-209.

<sup>2</sup>Recent Studies Indicate that the Flavonoids in Red Wine Have Many Beneficial Effects on the Cardiovascular System, <http://www.smartpublications.com/hfn/frenchredwine.htm>.

**INSIDE:**

# The simple FRENCH “FAT-FLUSHING” SECRET...

that gives you a healthier heart and circulation, strong immunity, a slim body, and a vibrant, healthy mind *for years to come!* .....PAGE 3

Why it's okay to **EAT DELICIOUS FOODS** again! .....PAGE 8

The all-natural **MEMORY COCKTAIL** that keeps you thinking sharp and more clearly .....PAGE 10

## PLUS...

**Take JUST ONE CAPLET A DAY of this natural breakthrough for:**

Safe **BLOOD PRESSURE LEVELS** .....PAGE 4

Better **HEART AND ARTERY HEALTH** ...PAGE 4

Normal **CHOLESTEROL LEVELS** .....PAGE 6

Stronger **IMMUNITY** .....PAGE 10

More **BRAIN POWER AS YOU AGE** ....PAGE 10

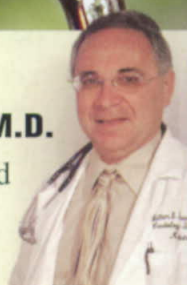


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### About William S. Gruss, M.D.

Dr. Gruss is a well-respected Internist and Cardiologist who specializes in cardiac care for patients who suffer from chronic heart problems, high cholesterol and blood pressure, and diabetes. Research has convinced Dr. Gruss that the right nutrients combined with a healthy lifestyle can help you live longer and live your life to the fullest well into your 80s and 90s.



Dr. Gruss is Board Certified in Internal Medicine and treats mostly patients who are over age 50 at his private practice in Boca Raton, Florida. Dr. Gruss is a graduate of the University of Maryland Medical School and did his residency and Fellowship in Cardiology at the prestigious Mt. Sinai Medical Center in Miami.